

Yellow Springs Yoga presents....

# Angela Farmer Victor van Kooten



## Journey of Discovery... An Inner Body Immersion

November 2 – 6, 2013 Yellow Springs, Ohio

*“Everything we teach is about helping people move inside and experience their Yoga in a way that gives them a deeper and warmer sense of themselves.” Angela & Victor*

In this unique Workshop we shall reflect inward to reconnect with deep springs of wisdom, energy and creativity. You will be invited to go beyond prescribed techniques of structural movement to allow the creative and intuitive spirit to emerge.

Angela and Victor offer an *oasis* for those seeking a more meditative approach through presenting a wealth of poetic imagery, playful exploration, and creative movement, emphasizing your own path in Yoga

There will be opportunities each day for question/answer, discussion, and philosophy.

*This workshop is open to students of all levels of experience.*

**Cost:** 5 Day Course: \$595 **Weekend Option, Nov. 2-3:** \$295.

A \$100 non-refundable, non-transferrable deposit is required to hold your space. Your balance is due October 2.

**Refund Policies:** Tuition will be refunded, less the \$100 non-refundable deposit, if a request is received before October 2. No refunds will be made after October 2 unless someone can take your place.

**Times:** 9:30 am - 12:30 pm and 2:30 – 4:30 pm...except Wed.: 9:30am – 12:00 pm

**Info:** Patricia Schneider: [patricia@brainfingers.com](mailto:patricia@brainfingers.com); [www.yellowspringsyoga.com](http://www.yellowspringsyoga.com);

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Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone \_\_\_\_\_ - \_\_\_\_\_

**Please make deposit or full payment check for Journey of Discovery workshop payable to:  
Patricia Schneider and mail to 1350 President St., Yellow Springs, OH. 45387**