

Yellow Springs Yoga presents...



A Day for Women

With
Angela Farmer

November 1, 2013

Yellow Springs, Ohio

"All the pilgrimage centres exist in a woman's body"

Pursharanoccasa Tantra

A day for women to explore their Yoga in a calm and deep way. Unraveling the 'body-stories' of tension, pain and trauma with gentleness and acceptance we may un-earth the true source of our power, our joy, our voice, our beauty. This practice of inner exploration can lead to profound relaxation and re-connection through the elements to life's many forms. New energy arises as we find lost and often surprising parts of ourselves returning and expressing a wildness that had lain hidden in the shadows!

Deep, dark and fierce is woman
Untamed yet mother to all
Ecstatic and in love she dances
The Universe is hers.

TIMES: 10AM - 1PM and 3:00PM - 5:00PM

COST: \$150 for the Day for Women. **Payment in full for the Day for Women is due with registration.** (\$50 of the payment is non-refundable/non-transferrable).

REFUNDS: Payment will be refunded less the \$50 non-refundable portion of the deposit, if a request is received in writing before October 1. No refunds after October 1 unless someone can take your place.

INFO: 937.767.7727 patricia@brainfingers.com www.yellowspringsyoga.com

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Please make \$150 payment for Angela's Day for Women payable to: Patricia Schneider, and mail to: 1350 President St., Yellow Springs OH 45387